

Dexcom G6 Continuous Glucose Monitoring (CGM) System Patient Counseling Guide

1 What is a continuous glucose monitoring system?

A: The Dexcom G6 CGM System measures your glucose levels continuously every five minutes using a sensor that is inserted under the skin. It sends your glucose data wirelessly to the system receiver or a compatible smart device* so you can track your glucose highs and lows at regular intervals and make informed treatment decisions.

2 What smart devices are compatible with Dexcom G6? How do I set up Dexcom G6 with my phone?

A: Dexcom G6 is compatible with a wide variety of smart devices such as iPhones, iPod Touch, Apple iOS, Apple Watch, Apple watchOS, Google, Samsung Galaxy, LG, Huawei, Android OS, and Android Watch OS. Please visit dexcom.com/compatibility for more information, including specific phones and generations that are supported by Dexcom. A compatible smart device can be used by downloading the Dexcom G6 app and following set-up instructions via the app.

3 Does Dexcom G6 need to be calibrated?

A: The Dexcom G6 CGM System comes factory-calibrated as long as the unique sensor code is entered during startup.

4 What is a sensor code and why do I need one?

A: A sensor code is a unique code printed on the back of the adhesive patch. This is needed in order to use Dexcom G6 without fingerstick calibrations. Do not use a code from a different sensor or make up a code. If you do not enter the correct code, readings may be off.

5 I lost my sensor code. What do I do?

A: Without your sensor code, you'll need to calibrate twice after your 2-hour sensor warmup is complete, a third time 12 hours later, a fourth time 12 hours after that, and then once every 24 hours.

6 Is it painful to insert a Dexcom G6 sensor?

A: The Dexcom G6 CGM System automatic sensor applicator was designed for easier, more consistent sensor insertions. In a survey of users, 84 percent reported "no pain" or "mild pain" with the autoapplicator insertion process and 100 percent reported the applicator was easy to use.¹

7 Can I get the sensor and transmitter wet?

A: The Dexcom G6 CGM System's transmitter is water resistant. The Dexcom G6 sensor is water resistant when the transmitter is installed properly. You can shower or swim like normal. There is more information available in the Dexcom G6 CGM System User Guide.

8 Can I wear my sensor and transmitter through TSA at an airport and on a plane?

A: When wearing your Dexcom G6 CGM System at the airport, ask a TSA Security Officer for hand-wanding or a full-body pat down with a visual inspection. Since Dexcom has not tested every full body scanner's impact on Dexcom G6, hand-wanding or full body pat down and visual inspections are recommended. Don't put components through x-ray machines. You can keep your receiver on during flight.

9 How often do I refill my sensors?

A: Refill your sensors every 30 or 90 days depending on the amount received from the pharmacy. Sensors are supplied in a pack of three.

10 How long can I wear the sensor?

A: The Dexcom G6 sensor can be worn for up to 10 days.

11 My sensor came off, can I reuse/reinsert it?

A: If a sensor comes off, it must be replaced by a new one.

12 How do I keep the sensor on for the full 10-day wear?

A: The sensor site should be flat, clean, and completely dry before you insert the sensor. The patch stays on best if not placed where your skin folds when you bend or near waistbands. During that time, keep your skin dry and avoid doing anything that would make you sweat. Extra adhesive (such as Mastisol or SkinTac) can be used to help the sensor patch stay on.

13 What can I do if my Dexcom G6 sensor fails during the two-hour warmup?

A: First ensure that your Dexcom G6 sensor was correctly inserted. If you get a Sensor Failed screen you will need to replace the sensor. Call Global Technical Support at 844-607-8398 for assistance.

14 How long does the transmitter last?

A: The Dexcom G6 transmitter lasts for up to three months.

15 Do I need to refill my transmitter or receiver?

A: Refill your transmitter every three months. Your receiver can be refilled once per year, or once every five years with Medicare.

16 How do I enter the transmitter code into the receiver?

A: You can enter the transmitter code by either taking a photo of the 2D barcode on the transmitter box OR typing in the serial number (SN) manually.

17 What should I do if the transmitter and display device become unpaired?

A: Pairing can take up to 30 minutes. If you are still having issues, ensure the transmitter's SN is correctly entered into the receiver or compatible smart device,* the sensor site and the back of the transmitter is cleaned with ONLY isopropyl alcohol, and the front tab on the narrow end of the transmitter is tucked into the transmitter holder BEFORE snapping in the wide end. If you continue to experience issues, contact Global Technical Support by calling 844-607-8398.

18 How do I set up my Dexcom G6 to share data with my doctor or other person(s)?

A: Dexcom Share is a feature within the Dexcom G6 app that allows for remote monitoring. Friends and family can follow your glucose levels by downloading the Dexcom Follow app. You must first have the Dexcom G6 app. Then enable sharing on the Dexcom G6 app for each follower. In order to share with your healthcare provider, they must have a Dexcom CLARITY clinic account and invite you to share data with them on an ongoing basis. Download the Dexcom CLARITY app and enter the share code included in the invitation from your provider.

19 I got an "Urgent Low Soon" Alert; what should I do?

A: The Urgent Low Soon Alert can notify you if your glucose is predicted to be ≤ 55 mg/dL within 20 minutes. You should develop an individualized plan to treat low glucose with your healthcare provider.

20 How do I change what my target range is?

A: The receiver and app come with default settings, but you can customize your target range and alerts based on discussion with your healthcare provider. Your target range is the values between your High and Low Alert settings. Tap settings on your receiver or app, then tap alerts, tap notify me options to set the High and Low Alert levels, and scroll to the level you would like to set your target range to.

21 How do I set alerts?

A: Tap settings, then tap alerts in the Dexcom app or receiver to turn alerts on or off, and change notifications or alert sounds. Consult your provider to discuss individualized glucose goals.

*For a list of compatible smart devices, visit dexcom.com/compatibility.

Reference: 1. Shah VN, Laffel LM, Wadwa RR, Garg SK. Performance of a factory-calibrated, real-time continuous glucose monitoring system utilizing an automated sensor applicator. *Diabetes Technol Ther.* 2018;20(6):428-433.

BRIEF SAFETY STATEMENT

Indications for Use: The Dexcom G6 Continuous Glucose Monitoring System (G6) is an autonomous, real-time, continuous glucose monitoring device indicated for the management of diabetes in persons age 2 years and older. The glucose measurements are intended to replace fingerstick blood glucose testing for diabetes treatment decisions and behavioral modifications. The G6 can communicate wirelessly to and from other interoperable devices. Contraindication: Do not wear your G6 (sensor, transmitter, receiver, or smart device) for magnetic resonance imaging (MRI), computed tomography (CT) scan, or high-frequency electrical heat (diathermy) treatment. It is MR Unsafe. Warning: Failure to use the Dexcom G6 Continuous Glucose Monitoring System (G6) and its components according to the instructions for use provided with your device and available at <https://www.dexcom.com/safety-information> and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the G6 do not match symptoms or expectations or you're taking over the recommended maximum dosage amount of 1000mg of acetaminophen every 6 hours, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.

